

CHAMP: Bedside Teaching

DETERMINING APPROPRIATENESS OF NURSING HOME CARE, SKILLED NURSING REHAB, OR LONG TERM CARE PLACEMENT

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Teaching Trigger:

Patient \geq age 65; In hospital, assessed on admission and daily

Key: NH = nursing home
NH/SNF = nursing home with skilled nursing
AR = acute rehab (eg, Schwab)

Clinical Question:

Should this patient be discharged to a nursing home?

Teaching Points:

- 1) Does this patient:

Get out of bed independently?	}	If YES → Go to 2 If NO → NH/SNF
Have a willing and able caregiver at home?		
Has Medicare or other coverage for home care?		
- 2) Does this patient:

Have need of intensive PT/OT and skilled needs such as daily MD monitoring?	}	If YES → AR If NO → Go to 3
- 3) Does this patient:

Have at least one skilled nursing need (eg, IVs, PICC, wound care, frequent VS)?	}	If YES → NH/SNF If NO → Home w/ services
Have PT/OT needs requiring daily therapy?		
- 4) Consider reimbursement!
 - Medicare covers SNF (in NH or home visiting nurse/PT) ONLY with 72-hour hospital stay in the last 30 days
 - Medicaid pays for NH (long term care) but NOT with skilled nursing (thus, NH will be paid at a much lower rate per day)
 - Managed care may have same/different criteria
 - Medicare hospice benefit pays for the hospice care but NOT for NH room and board; the family will have to private pay this (an unfortunate Catch-22)