CHAMP: Bedside Teaching

DETERMINING APPROPRIATENESS OF NURSING HOME CARE, SKILLED NURSING REHAB, OR LONG TERM CARE PLACEMENT

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Teaching Trigger:

Patient ≥ age 65; In hospital, assessed on admission and daily

Key: NH = nursing home
     NH/SNF = nursing home with skilled nursing
     AR = acute rehab (eg, Schwab)

Clinical Question:

Should this patient be discharged to a nursing home?

Teaching Points:

1) Does this patient: Get out of bed independently? Have a willing and able caregiver at home? Has Medicare or other coverage for home care? If YES → Go to 2
   If NO → NH/SNF

2) Does this patient: Have need of intensive PT/OT and skilled needs such as daily MD monitoring? If YES → AR
   If NO → Go to 3

3) Does this patient: Have at least one skilled nursing need (eg, IVs, PICC, wound care, frequent VS)? Have PT/OT needs requiring daily therapy? If YES → NH/SNF
   If NO → Home w/ services

4) Consider reimbursement!
   • Medicare covers SNF (in NH or home visiting nurse/PT) ONLY with 72-hour hospital stay in the last 30 days
   • Medicaid pays for NH (long term care) but NOT with skilled nursing (thus, NH will be paid at a much lower rate per day)
   • Managed care may have same/different criteria
   • Medicare hospice benefit pays for the hospice care but NOT for NH room and board; the family will have to private pay this (an unfortunate Catch-22)