

Date: _____

CHAMP: Curriculum for the Hospitalized Aging Medical Patient Reynolds Scholars Program 2005

Commitment to Change

To help us assess if you are able to incorporate your learning experiences from the CHAMP Reynolds Scholars Program into your clinical practice and teaching on the wards in the upcoming year, please complete the following form.

- 1) On the first page, please check one GERIATRIC topic and one ACGME Core Competencies taught in “Teaching on Today’s Wards,” that you would like to work on. In addition, we will want you to describe one Quality Improvement Project you will explore when not on service.
- 2) On the next two pages, please create at least one action plan for the GERIATRIC topic and ACGME Core Competencies that describe how you will change your clinical practice and/or teaching on service in the areas you selected. For example, if you select “Drugs and aging,” your plan may involve using the CHAMP tool at bedside and teaching residents how to do so; or, if you select “Professionalism,” you may commit to routinely identifying and addressing professionalism issues while on the Wards.
- 3) Finally, indicate the strength of your commitment to making this change, the degree to which you think this change will be possible, and any barriers you anticipate encountering.

Prior to your assigned month on service, we will email a copy of your commitments to you. When the month ends, we will email a brief follow-up survey to you asking about your success with these commitments, and requesting that you consider renewing your commitment to change with other CHAMP topics.

Thank you.

Name: _____

Email: _____

Phone number (or pager): _____

Date next on Service: _____

Please select ONE GERIATRIC and ONE ACGME topic that interests you most from the list below. Plus, you will be asked to develop a QI project – thus that item is already checked for you.

<input checked="" type="checkbox"/> YOUR SELECTION	CHAMP TOPICS
	ACGME Core Competencies Patient Care and Knowledge: GERIATRIC TOPICS
<input type="checkbox"/>	1. Advance directives and DNR orders
<input type="checkbox"/>	2. Targeting and assessing vulnerable elders
<input type="checkbox"/>	3. Deconditioning
<input type="checkbox"/>	4. Delirium
<input type="checkbox"/>	5. Depression
<input type="checkbox"/>	6. Dementia
<input type="checkbox"/>	7. Drugs and aging
<input type="checkbox"/>	8. Falls
<input type="checkbox"/>	9. Foley catheter use
<input type="checkbox"/>	10. Managing non-pain symptoms in advanced disease
<input type="checkbox"/>	11. Pain control
<input type="checkbox"/>	12. Palliative care and changing goals of care
<input type="checkbox"/>	13. Transitions of care
<input type="checkbox"/>	A. Ideal hospital discharge planning
<input type="checkbox"/>	B. Resources for older adult patients
<input type="checkbox"/>	C. Hospice care
<input type="checkbox"/>	D. Nursing home care
<input type="checkbox"/>	14. Wound care
	ACGME Core Competencies: "TEACHING ON TODAY'S WARDS"
<input type="checkbox"/>	15. Improving the Teaching Process: Communication
<input type="checkbox"/>	16. Professionalism
<input type="checkbox"/>	17. Systems based practice
<input type="checkbox"/>	18. Practice based learning and improvement
<input type="checkbox"/>	19. Lifelong learning

GERIATRIC Topic _____

As a result of this course, indicate the specific actions you plan to take to change your practice, to teach about this **CHAMP GERIATRIC topic**, or enhance a teaching style while next on service. Please indicate the degree to which you feel committed to each action and rate your belief that you will be able to make the change. (The goal is to develop actions to which you are very committed and feel confident you can make the change).

<i>Specific Action (examples in italics)</i>	<i>Somewhat Committed</i>	<i>Very Committed</i>	<i>Not really able to change</i>	<i>Most definitely able to change</i>	<i>How will you know you have made this change?</i>
<i>Teach residents how to perform a skin exam on an older adult patient at bedside.</i>	1 2 3 4 5	1 2 3 4 5	1 2 3 4 5	1 2 3 4 5	1. Resident will demonstrate ability to perform skin exam at bedside. 2. Attending or resident will document each skin exam performed.
	1 2 3 4 5		1 2 3 4 5	1 2 3 4 5	
	1 2 3 4 5		1 2 3 4 5	1 2 3 4 5	
Describe how you think you might apply this action plan in the Out Patient setting.					

Please indicate any barriers, personal or systemic, you anticipate in making these changes, during an upcoming month on service this year.

ACGME Topic _____

As a result of this course, indicate the specific actions you plan to take to change your practice, to teach about this **ACGME topic**, or enhance a teaching style while next on service. Please indicate the degree to which you feel committed to each action and rate your belief that you will be able to make the change. (The goal is to develop actions to which you are very committed and feel confident you can make the change).

<i>Specific Action (examples in italics)</i>	<i>Somewhat Committed</i>	<i>Very Committed</i>	<i>Not really able to change</i>	<i>Most definitely able to change</i>	<i>How will you know you have made this change?</i>
	1 2 3 4 5	1 2 3 4 5	1 2 3 4 5	1 2 3 4 5	
	1 2 3 4 5	1 2 3 4 5	1 2 3 4 5	1 2 3 4 5	

Describe how you think you might apply this action plan in the Out Patient setting.

Please indicate any barriers, personal or systemic, you anticipate in making these changes, during an upcoming month on service this year.

